IN-SERVICE STARS TRAINING MENU

opportunity council

ChildCare Aware® OF WASHINGTON
Professional Development Academy

TRAINING TITLE	DESCRIPTION
Art in the Preschool Classroom	**The art area of a classroom is more than just an area for children to draw and paint. Learn about the difference between process- versus product-focused art with children. Discuss the child development and learning that occurs during play with art materials and take time to create a lesson plan to take back to the classroom and use.** *Core Competency: Curriculum and Learning Environment* **2 STARS Hours**
Calming Connections Available virtually	**In this interactive and practical workshop, child care providers will learn effective strategies for de-escalating challenging behaviors and fostering calm, positive connections with young children. By understanding the root causes of frustration and distress, participants will gain tools to prevent conflicts before they arise, as well as techniques to safely manage and de-escalate situations when they do occur.** *Core Competency: Interactions* **2 STARS Hours**
CCA Best Practice Series Available virtually Available in Spanish	**5 training topics are available in the Best Practice series:** • **Routines and Transitions** • **Introduction to Quality Interactions** • **Math and Science** • **Language and Literacy** • **Learning Activities** *Core Competency: Multiple* **2 STARS Hours Each**

Interested? Scan the QR or click here to submit your customized training request

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Available virtually Available in Spanish

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Discover Outdoor Learning Through Play	**In this training, participants will review the many benefits of being outdoors, and explore intentional activities and emergent opportunities for learning and growing in all domains of development, and consider how to communicate with families to explain and get feedback on what children are doing outside.** *Core Competency: Curriculum and Learning Environment* — **2 STARS Hours**
Does it have to be hard? Rethinking Individualization	**Each child comes to us with a different set of skills and needs, so how do we create lessons plans we can actually stick to? "Individualization" doesn't have to be complicated! Come examine NAEYC's newest definition of developmentally appropriate practice (DAP) and the principles behind it. Learn new strategies for individualizing within groups of young children, increasing joyful learning, and focusing on each child's strengths, culture, and needs. Learn to articulate exactly how you are individualizing your teaching.** *Core Competency: Curriculum and Learning Environment* — **3 STARS Hours**
Enhancing Family Partnerships	**The research is clear; parent involvement is critical to children's educational success. Explore strategies for managing difficult conversations, understanding cultural and societal influences that affect families and how to support them, as well as improved overall communication and relationship building. Participants will engage in group activities, small and large group discussion and gain valuable resources to increase parent engagement, foster stronger relationships and enhance partnerships for the benefit of children in their care.** *Core Competency: Families and Community Partnerships* — **2 STARS Hours**

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Exploring Toddler Curriculum	This class is for caregivers of children ages 1 to 2-1/2. Is your toddler curriculum based on what parents ask for, on what you think toddlers need to know for kindergarten, or on what the teacher before you had planned? When curriculum is based on research, individual development, and culture, toddlers are more successful and teachers are happier. Come consider whether your curriculum is on the right track or could use a little fine-tuning! *Core Competency: Curriculum and Learning Environment* **2 STARS Hours**
Flip It! Transforming Challenging Behavior	Behaviors are feelings asking to be understood. Teachers, caregivers and parents are always looking for ways to support children through difficult feelings and toward healthy ways of coping. The FLIP IT strategy offers a simple, kind, strength-based, commonsense and effective four-step process for day-to-day challenges and challenging moments with children. This training teaches participants the four supportive steps of FLIP IT that are designed to help young children (ages 3-8) learn about their feelings, gain self-control, and reduce challenging behavior. *Core Competency: Interactions* **3 STARS Hours**
Implementing Emergent Curriculum	Emergent Curriculum is an approach that allows young children's interests to take the lead! In this training, participants will learn about how teachers can implement emergent curriculum. This training will cover: the role of the adult, child, and environment; the importance of play-based learning; how assessment works in emergent curriculum; and creating plans. This is a two-part training, with an independent assignment to complete between sessions, for a total of 5 STARS hours. This training meets requirements for Early Achievers Records Review for Standard: Curriculum 2. *Core Competency: Curriculum and Learning Environment* **4-5 STARS Hours**

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The Importance of Learning Through Play	**We are wired to learn through play from birth: from infants exploring the movements of their own bodies to preschoolers figuring out how to balance a block tower. Playful interactions with people, space, and materials help a child master the art of being themselves, and being a friend and a citizen of the world! This workshop supports early childhood practitioners in understanding why a play-based approach is the most natural way to teach and learn. Participants will learn about what young children learn through play and how to share the value of play with families, as well as the role of the adult while children are engaged in playful learning.** *Core Competency: Curriculum and Learning Environment* **3 STARS Hours**
Introduction to Trauma-Informed Care	**In this introductory course, participants will be introduced to trauma-informed care. The training will briefly explore how the brain works, and how temperament and attachment are factors in how people are able to respond to stress and trauma and to develop resilience. Universal and Targeted strategies for working with children and families to build and strengthen resilience and to respond to children who may have experienced trauma will also be introduced.** *Core Competency: Child Growth and Development; Curriculum and Learning Environment; Family and Community Partnerships; Interactions* **4 STARS Hours**
I've Got Your Back	**Our important (and difficult) work with children is easier in a caring, cooperative workplace. Our biggest responsibility to our co-workers is to establish and maintain relationships that support productive work and job satisfaction. Going to work is more enjoyable when we feel we're part of a supportive team. Let's talk about how everyone can contribute to that type of environment.** *Core Competency: Professional Development and Leadership* **2 STARS Hours**

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Lesson Planning with the ELDGs ESP	**The Washington State Early Learning and Development Guidelines (the ELDGs) are foundational to our work in caring for and nurturing the development of children. Learn how to use the ELDGs to reflect on lesson planning and to inform your practice, guide your activities, and enhance your partnership with parents.** *Core Competency: Child Growth and Development* *Curriculum and Learning Environment* **2 STARS Hours**
Positive Feedback and Reinforcement (Pyramid Model)	**This training encourages early learning providers to use descriptive and positive feedback to support children's understanding of behavior expectations.** *Core Competency: Interactions* **2 STARS Hours**
Quality Interactions for Relationship Building	**This workshop is aimed at supporting teachers in learning more about how they can build on the warm relationships they have with children to support them in connecting and redirecting during play and group times. We will think about the language we can use to do that best, and support children's social and emotional development through those everyday interactions. This allows children to understand more of the "why" of different behavior and social expectations, helping them gain self-regulation skills.** *Core Competency: Interactions* **2 STARS Hours**

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Schedules, Routines, and Transitions (Pyramid Model)	**This training encourages early learning professionals to reflect on their daily schedule and routines, and how those arrangements, as well as the transitions between them, can be planned to support children's success.** *Core Competency: Curriculum and Learning Environment; Interactions* — **2 STARS Hours**
Teaching Friendship Skills (Pyramid Model)	**This training provides early learning professionals with concrete ways to support children's social-emotional learning so they can be successful in their daily play and developing relationships with their peers.** *Core Competency: Curriculum and Learning Environment* — **2 STARS Hours**
Teaching Problem Solving Skills (Pyramid Model)	**In collaboration with WELA. This training gives early learning professionals specific tools to help children learn to persevere and solve problems, supporting their social skills and self-regulation.** *Core Competency: Curriculum and Learning Environment* — **2 STARS Hours**
Thinking About Executive Function	**This training will provide a brief overview of early brain development and explore executive functions and their role and how best to support their development in children.** *Core Competency: Child Growth and Development* — **2 STARS Hours**

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Available virtually (ESP) **Available in Spanish**

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Understanding the Roots of Behavior (ESP)	**Challenging behaviors are often the result of unmet needs. Learn more about the important social/emotional needs of children, and what you can do to meet those needs. When needs are met through positive relationships, children will behave better and be ready to learn.** *Core Competency: Interactions* **2 STARS Hours**
Using "Teacher Talk"	**Experts agree: The best teachers are also usually the best talkers! Children thrive when early childhood professionals intentionally use their words to model language, extend conversation, get children thinking, and give thought-provoking feedback. Think you are already doing well in this area? Come find out! We'll discuss the areas in which most of us can improve the way we speak to children.** *Core Competency: Interactions; Curriculum and Learning Environment* **2 STARS Hours**

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